

NUCLEAR STRESS TEST

The test will be done in our office at 3601 Ladson Rd, **Suite 100A**

_____ on _____
(time) (date)

Important things you need to know:

- At this time **only the patient** will be allowed in the building during the test. Due social distancing and limited seating, we are limiting the number of people in the building. **Family members will not be able to wait in the building.**
- **AFTER 6 PM THE NIGHT BEFORE YOUR TEST NO CAFFEINE. NO COFFEE, TEA, SODA, AND CHOCOLATE (INCLUDING DECAFFEINATED)**
- **NOTHING TO EAT 3 HOURS PRIOR TO APPOINTMENT TIME**
- Wear a 2 piece outfit and **comfortable walking shoes**
- You may want to bring something to read and a sweater it can be cold
- Bring a list of all medicines you are currently taking
- You may bring a snack and drink. **DO NOT** eat or drink it until you are specifically told that you can.

*******Cancellation or rescheduling may be done as late as the day before the test. There will be a charge of \$160 if the exam is canceled on the day of the test.** This charge is for the cost of the sestamibi which has been ordered specifically for you and cannot be returned. **The office phone number is (843)285-2500 *******

What to expect

Part 1

An IV will be started in your arm and you will receive an injection of sestamibi. The injection will allow us to take pictures of your heart while you are resting. After the injection, you will go back to the waiting room for 40-60 minutes in order for the sestamibi to be picked up by your heart. For the pictures, you will need to lie on a table on you back, as a camera rotates around your chest. The pictures will take approximately 20 minutes.

Part 2

You will be hooked up to an EKG machine and will either walk on the treadmill or receive medication to exercise your heart. While exercising, you will receive a second injection of sestamibi so that we can take more pictures.

Part 3

You will need to wait 30-60 minutes in the waiting room before the second set of pictures can be taken. The second set of pictures will be the same as the first set.

APPROXIMATE TOTAL TIME OF TEST: 3-4 HOURS